



A Guru Yoga
that brings the Dharmakaya
onto the Path

by Khenchen Konchog Gyaltshen Rinpoche

Refuge and bodhicitta

KÖN CHOG KÜN DÜ LA MA DOR JE CHANG/
JANG CHUB BAR DU MI DRÄL KYAB SU CHI/
TRHUL NANG DU KE NAR WA‘I DRO WA NAM/
MI NE SA LA GÖ CHIR SEM KYE DO//

recite three times

Visualization

DOR JE CHANG WANG JIG TEN SUM GÖN SHAB/
TOB CHU MI JIG MA DRE DÄN LA SHUG/
JAM TSE SEM CHOG TSHÄN BE Ö SER TRHO/
TRHIN LE TOG ME DRO WA‘I THA DANG NYAM//

Mantra recitation

OM AH RATNA SHRI SARWA SIDDHI HUNG

accumulate many recitations

Blessing supplication

DE DÜ LU RIG DRÖN DANG MAR ME DZE/
MA ONG CHAM PA DA TA SHAK YA THUB/
LU DRUB LAR TRUL NYAM ME RIN CHEN PÄL/
JIG TEN SUM BÖN SHAB LA SOL WA DEB//

recite three or more times

Refuge and Bodhicitta

Vajradhara Lama, embodiment of the Three Jewels,
I take refuge in you, and will until I attain enlightenment;
Sentient beings, victims of confused-projection suffering,
I generate the mindset for enlightenment in order to establish you all
in the non-abiding state.

recite three times

Visualization

Lord Vajradhara, Jigten Sumgön, sits on a seat of the ten strengths,
Four fearlessnesses, and eighteen unmixed dharmas;
With the radiating light of the major and minor marks of love,
compassion, and bodhicitta;
and Non-conceptual enlightened activities reaching all migrators
equally.

Mantra recitation

OM AH RATNA SHRI SARWA SIDDHI HUNG

accumulate many recitations

Blessing supplication

You are the buddhas Nagakulapradipa and Dipankara of the past,
Maitreya of the future, and Shakyamuni of the present;
The reincarnation of Nagarjuna; the peerless Ratna Shri –
Lord Jigten Sumgön, I supplicate you.

recite three or more times

Empowerment and dissolution

LA MA'I KU SUNG THUG LE Ö SER TRHÖ/
DAG GI NE SHIR THIM PA DRIB SHI DAG/
WANG SHI LEG THOB KU SHI SA BÖN TRÜN/
LA MA RANG THIM RANG SEM SÄL TONG NGANG//

rest in the mind-as-it-is

Dedication

KHOR DE DÜ SUM SAG YÖ GE TSHOG KYI/
DAG DANG KHA NYAM SEM CHEN MA LÜ PA/
DÖN DAM LHÄN CHIG KYE PA'I DÖN TAG TE/
SI SHIR MI NE THAR CHIN SA THOB SHOG//

Empowerment and dissolution

Light rays emanate from the lama's body, speech, and mind and
dissolve into my four places,
Thereby purifying the four obscurations, bestowing the four empow-
erments, and planting the seeds of the four kayas;
The lama then dissolves into myself;
My mind is natural luminosity-emptiness.

rest in the mind-as-it-is

Dedication

Through both the innate virtue and the virtue accumulated in the
three times by all in samsara and nirvana,
May I and all sentient beings filling space, none left out,
Realize the co-emergent ultimate reality and
Attain the final state of non-abidance in existence or peace.

*A practice profound of meaning and rich with blessing,
for the modern regular practitioner with limited time;*

Composed by Khenchen Könchog Gyaltshe, October 27th, 2008

*Translated by Khenchen Konchog Gyaltshe and Terence Barrett,
November 2008*



Drikung Kyobpa Jigten Sumgön
surrounded by the former Masters of Kagyü lineage

Brief Biography

Khenchen Konchog Gyaltsen Rinpoche is respected as an accomplished scholar and meditation master. Rinpoche was born in Tibet in 1946. He took his full monastic ordination from the previous Kalu Rinpoche in 1968. He studied at the Tibetan Institute of Higher Tibetan Studies in Varanasi and received his Acharya degree in the first division, then studied for years with highly realized masters including the 16th Karmapa, Ven. Khunu Lama Rinpoche (a teacher highly regarded by HH the Dalai Lama) and the great Drikung yogi Pachung Rinpoche. He also completed the traditional three year meditation, during which he practiced the Five-Fold Profound Path of Mahamudra, the Six Yogas of Naropa, and other meditations in the Drikung Kagyü lineage. Since about 30 years Rinpoche teaches dharma all over the world and has founded several buddhist centers.

Chanting: Khenchen Konchog Gyaltsen Rinpoche

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Khenchen Konchog
Gyaltshe Rinpoche



Drikung
Kagyü

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