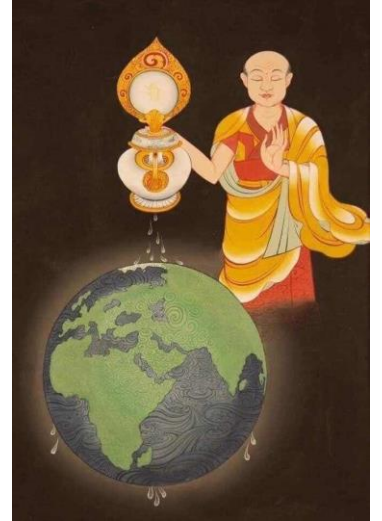




The Meaning and Benefits of the Mantra of Loma Gyonma (Parnashavari)

It is stated in the Collected Teachings (Kabum) of Lord Jigten Sumgön that the mantra of Parnashavari is very effective and powerful for healing, pacifying, and bringing the pestilences under control.



ཨོཾ་པི་ཤ་ཏི་པ་ར་ཤ་འཁ་ལ་ས་ཤ་མ་ལི་པ་ར་མ་ནི་ཧུང་།

OM PISHATSI PARNA SHAVARI SARVA MARI PRASHA MANI HUNG/

OM: sacred syllable that consists of three sounds A, O and M, representing Buddha's purified body, speech and mind, which bless and activate our body speech and mind, plant the seed of the three kayas (nirmanakaya, sambhogakaya and dharmakaya).

Here in particular, the sounds are invoked to prevent, protect and liberate our body, speech and mind from the epidemic disease such as the coronavirus.

PISHATSI: a female divinity of great powers such as a dakini or yogini who can protect, prevent and liberate beings from all demonic spirits, negative and obstructing forces.

PARNA: a leaf of a tree or a plant.

SHAVARI: a tribal lady of the forest who masters magic and healing using forest herbs and medicines.

PISHATSI PARNA SHAVARI: a powerful dakini who attired in green leaves of medical plants that are remedies to all illnesses and pestilences.

SARVA: all, everything

MARI: illness or pestilence

PRASHA MANI: pacifier

SARVA MARI PRASHA MANI: the Pacifier of all illnesses and pestilences

HUNG: to attain the siddhis (attainment), to fulfill the aspiration, to be established in the deitystate, the Parnashavari-hood.

Source: Website of the Garchen Buddhist Institute (Arizona)